

February 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Ritual Ride 11am (60min)
2 Ritual Ride 11am (60min)	3 Ritual Ride 5pm (45min) Yin Yoga 6pm (60min)	4 Pelvic & Core Health 12pm (60min) Ride Circuit Yoga 5:30pm (75min)	5 Ritual Ride 5pm (45min) Yin Yoga 6pm (60min)	6 Ride Circuit 9:30am (60min) Ride Circuit Yoga 5:30pm (75min)	7 Ritual Ride 7am (45min)	8 Ritual Ride 11am (60min)
9 Ritual Ride 11am (60min)	10 Ritual Gives Back Ritual Ride 5pm (45min) Yin Yoga 6pm (60min)	11 Ritual Gives Back Pelvic & Core Health 12pm (60min) Ride Circuit Yoga 5:30pm (75min)	12 Ritual Gives Back Ritual Ride 5pm (45min) Yin Yoga 6pm (60min) Zumba Mix FREE CLASS! 7:15pm (60min)	13 Ritual Gives Back Ride Circuit 9:30am (60min) Ride Circuit Yoga 5:30pm (75min)	14 Ritual Gives Back Ritual Ride 7am (45min) Gentle Flow Yoga 10:30am (45min)	15 Ritual Ride 11am (60min)
16 Ritual Ride 11am (60min)	17 Closed Happy Family Day!	18 Ride Circuit Yoga 5:30pm (75min)	19 Ritual Ride 5pm (45min)	20 Ride Circuit 9:30am (60min) Ride Circuit Yoga 5:30pm (75min)	21 Ritual Ride 7am (45min)	22 Ritual Ride 11am (60min)
23 Ritual Ride 11am (60min)	24 Ritual Ride 5pm (45min)	25 Ride Circuit Yoga 5:30pm (75min)	26 Ritual Ride 5pm (45min) Yin Yoga 6pm (60min)	27 Ride Circuit 9:30am (60min) Ride Circuit Yoga 5:30pm (75min)	28 Ritual Ride 7am (45min) Gentle Flow Yoga 10:30am (45min)	29 Ritual Ride 11am (60min)